

# CHOOSING A PRODUCT



## How To Think About Technology for Families

- What are you hoping for as an outcome?
- Who it's for and what's best form (eg. mobile, bracelet, chest strap)
- Do you want one focus feature, or do you want multiple features and capabilities in the one device? (eg voice an video? Heart and sleep?)
- What level of medical-grade accuracy is needed? eg. for sports or do you want one of the most accurate, hospital or medical grade products?
- How portable does it have to be? (eg mobile, stays at home, carried with you or other size & weight)
- Special feature considerations? (eg language, hearing, reminders set by others, hearing or vision impaired, no internet coverage)
- Screen size & Battery life
- Dependency on other equipment eg wifi, smartphone
- Compatibility with other products or apps eg. iphone, android
- Price, Ongoing Costs (eg mobile plan, monitoring fees, insurance rebate)

